

## Consent for Treatment and Limits of Liability

### Limits of Services and Assumptions of Risks:

Therapy sessions carry both benefits and risks. They can significantly reduce the amount of distress someone is feeling, improve relationships, and/or resolve other specific issues. However, these improvements and any “cures” cannot be guaranteed for any condition due to the many variables that affect these therapy sessions. Experiencing uncomfortable feelings, discussing unpleasant situations, and/or aspects of your life are considered risks of therapy sessions.

### Confidentiality & Privacy Policy

Your privacy is among our chief concerns. The law protects the relationship between a client and a psychotherapist. What you discuss during your therapy session is kept confidential. No contents of the therapy sessions, whether verbal or written may be shared with another party without your written consent or the written consent of your legal guardian. The following is a list of exceptions:

### Duty to Warn and Protect

- If a client intends to harm himself or herself, we will make every effort to enlist their cooperation in ensuring their safety. If they do not cooperate, we will take further measures without their permission that are provided to us by law in order to ensure their safety, including attempting to notify the client’s family and notify legal authorities.
- If you disclose a plan or threat to harm another person, we are required to warn the victim and notify legal authorities.

### Abuse of Children and Vulnerable Adults

If you disclose, or it is suspected, there is abuse or harmful neglect of children or vulnerable adults (i.e. the elderly, disabled/incompetent), the therapist is required by law to report this information to the appropriate legal authorities.

### Prenatal Exposure to Controlled Substances

Therapists must report admitted prenatal exposure to controlled substances that could be harmful to mother or child.

### Minors/Guardianship

Parents or legal guardians of non-emancipated minor clients have the right to access the clients’ records.

### Insurance Providers

Insurance companies and other third-party payers are given information that they request regarding services to the clients. The type of information that may be requested includes: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, summaries, etc.

**By signing below, I agree to the above assumption of risk and limits of confidentiality and understand their meanings and ramifications.**

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Signature

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Date